

Ski & Snowboard Freestyle Teams, Ages 8-18

The Bristol Mountain Freestyle Team provides athletes with the opportunity to master their freestyle skiing/riding skills in competitive moguls, big air, terrain park, and the halfpipe. Whether you're interested in training hard with the hope of making the US Freestyle Team someday, competing at local events, or you would like to improve your mogul, air, or pipe skills, we have a program that teaches these skills, tactics, and maneuvers. A strong emphasis is placed on safe skiing/riding while having fun. The team will train for 14 weeks every Saturday and Sunday, December 10th through March 18th. Coaching is from 10 am to 3 pm. Coaching is included at selected USSA/USASA sanctioned events.

The Bristol Mountain Freestyle Snowboard Team competes in USASA Western NY competitions in Slopestyle, Halfpipe and Boardercross, with the ultimate goal of qualifying for USASA Nationals competition in April at Copper Mountain. Coaching is included for team members at selected local and regional events.

Mogulrunners, Ages 8-18

Mogulrunners, which is part of our Freestyle team, is designed to introduce intermediate and advanced skiers to freestyle skiing. It is not designed for those wishing to compete on a regular basis, but if participants develop an interest in competing in local events, the Freestyle Team coaching staff will provide coaching at those events.

Parkrunners, Ages 8-18

This program introduces intermediate and advanced skiers and snowboarders to the terrain parks. Basic skills of riding the pipe, rails, and big air hits are developed. Safe use and etiquette within the parks is stressed. Participants will also be instructed in flat terrain and mogul skiing and riding.

Mountainrunners, Ages 8-18

For advanced to expert skiers and riders looking to do it all. Try moguls, racing, terrain parks, and just plain skiing and riding. This 12 week program was designed for the young skiers and riders who want to expand their skills to a variety of snowsports.

Mogulmasters, Ages 19+

Whether you are interested in dominating at "Bump This" or desire the ability to link comfortable turns in the bumps, this is your program. Coaches will demonstrate proper technique and show you how easy it is to master the moguls! For the real adventurous souls, we will spend time working on jumping, but if you would rather keep your feet on the ground, that's cool too.

FREESTYLE EVENTS AT BRISTOL MOUNTAIN

- USSA Freestyle Competition
January 13-16
- Bump This Competition
March 11



DETAILS AND REGULATIONS

1. Register early for reduced prices and limited class sizes. Program rates increase starting December 12, 2011.
2. Classes are determined by age and skill level. Class sizes range from 8 to 10 students. Requests for placement with friends or a specific instructor are accommodated to the best of our ability on the first day of brigade. The group remains with the same instructor throughout the duration of the program.
3. Purchasers of the regular-rate Runners or Masters programs will receive a season pass valid on each designated day of the program and the make-up day at the end of the program. Season passes are issued in the Guest Services Office during regular business hours. Passes are nontransferable. Replacement cost for lost passes is \$25. Freestyle team members must purchase a season pass separately.
4. *Gift Cards may be purchased and funds applied toward goods and services at any Bristol Mountain sales point. Terms and conditions apply.*
5. **The enclosed Bristol Mountain Assumption of All Risks Agreement as well as the Parent Agreement (if participant is under the age of 18) must be signed by the participant and/or parent prior to the first day of class. Participant will not be able to participate in Brigade without the completed form on file at Bristol Mountain.**
6. Participants must check in at the Snowsports School Information Desk in the Rocket Lodge between 8:30 am and 9:30 am on the first day of the program.
7. Classes are held rain or shine. If severe weather prevents classes from being held, an announcement will be made on our website www.bristolmountain.com along with rescheduled dates.
8. A make-up ski or snowboard day is extended to participants. The make-up day does not include coaching and is scheduled the week following the completion of each program. There is no make-up day for the Freestyle Team.
9. **REFUNDS ARE NOT ISSUED UNDER ANY CIRCUMSTANCES.**



FREESTYLE PROGRAMS

2011-12 SEASON

**The Bristol Mountain
Freestyle Ski Team and
Freeride/Terrain Park Team
Competing at USSA & USASA Events
14 Weeks—Saturdays & Sundays
December 10—March 18, 10 am-3 pm
(No Class December 24 or 25)**

**Parkrunners, Mogulrunners
and Mountainrunners
12 Weeks—Saturdays
December 17—March 10, 10 am-3 pm
(No Class December 24)**

**Mogulmasters
10 Weeks—Sundays
January 8—March 11
10 am-12 noon OR 1-3 pm**

Alpine Terrain Park Freestyle Team

The Alpine Terrain Park Team is an expansion of our Parkrunners program to include dedicated training for Freeride/Slopestyle and Halfpipe on both Saturday and Sunday. These athletes will have the ability to compete at local USSA and/or USASA events or just train with the team to develop their skills. The program will focus on park safety/etiquette, the fundamentals of skiing, air (takeoffs, form, landings), rails, etc., all while having a great time!

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