

## The Adult Race League

The Ski Company Adult Race League at Bristol Mountain continues to be one of the largest adult race series in the region. The race league includes racing on Tuesday mornings and Wednesday nights along with gate training on Monday nights and Thursday mornings. Very few race leagues have the sponsor support that The Ski Company provides to this race series. With Wegmans sponsorship of the Tuesday race series and with the support of all our other sponsors listed in the sponsor's section, the awards party after each race is the place to be. Our goal is to ensure every racer has the opportunity to be a winner.

The Tuesday Morning Race Series for beginners and experienced racers returns this season. There are five Tuesday morning races and the finale on February 26, 2010. Each race will be scored separately, so you may race in one or all five races. The Wednesday Night Race Series will be awarding class results by NASTAR age grouping, overall results, and team. Designed for racers ages 21 and older, the race league features a six-week training and six-week racing program on a NASTAR type course, après-ski parties in the Satellite Lounge, race awards, and the finale on February 26, 2010. Participants range from first time racers to masters to women and snowboarders. The team format adds excitement to the race league using the NASTAR handicapping team format to determine how the grand prizes are awarded. You never know which team is going to place first. Last year, team awards and prizes, provided by The Ski Company were awarded to the top 20 four-person teams. This season, teams will be selected by the results of the first night of racing with four racers on each team. Racers must sign-up for the series before the first night of racing to participate on a team. Make sure you check the box for 'Yes, I want to be on a team' on the registration form. Gate training is offered on Monday nights from 7-9 pm or Thursday mornings from 10 am-12 noon. This season when you sign up for race training, it includes all training sessions. Two early season training days on December 17<sup>th</sup> and 18<sup>th</sup> are included. With the Comet Express high speed quad, you will receive more training than ever. Racers may sign up for training sessions or races separately.

**Discounts are available when registering for a combination of training and racing. Pre-season discounts are available prior to December 1, 2009.**

## Details and Regulations

① Training and racing sessions are held rain or shine. If severe weather prevents training and racing from being held, an announcement will be made on the snow report at 585-374-1100, along with rescheduled dates.

② REFUNDS ARE NOT ISSUED UNDER ANY CIRCUMSTANCES.

③ **Important:** The enclosed Bristol Mountain Assumption of All Risks Agreement must be signed by the participant and returned to Bristol Mountain prior to the first day of race training or racing. **Participant will not be able to participate in the Adult Race League without this form on file at Bristol Mountain.**

## Sponsored by



**For more information on the Adult Race League or for weekly race results, visit:**

The Ski Company Mountain Sports  
1225 Jefferson Road, Rochester, NY 14623  
585-292-0580  
or [www.nastar.com](http://www.nastar.com)



## The Ski Company Adult Race League at Bristol Mountain

### 2009-10 SEASON RACING AND RACE TRAINING

#### Gate Training Schedule

##### Monday Nights (6 weeks)

January 4-February 8  
7:00-9:00 pm

##### Thursday Mornings (6 weeks)

January 7-February 11  
10:00 am-12:00 pm

##### Bonus Sessions

December 17-18  
10:00 am-12:00 pm

#### Racing Schedule

##### Tuesday Mornings (5 weeks plus Finale)

January 5-February 2  
10:30 am

##### Wednesday Nights (6 weeks plus Finale)

January 6-February 10  
7:00 pm

##### Grand Finale Race

Friday, February 26  
10:00 am

5662 Route 64, Canandaigua, NY 14424  
Phone 585-374-6000, Fax 585-374-2253  
Snow Report 585-374-1100

Email: [snowsports@bristolmt.com](mailto:snowsports@bristolmt.com)  
or visit [www.bristolmountain.com](http://www.bristolmountain.com)

## Bonus Training Days

For those signing up for Monday night and Thursday morning training sessions, there will be two bonus training sessions. Bonus sessions will be held on Thursday and Friday December 17-18, 2009, 10 am to 12 noon. Single day rates will be in effect for those not registered for season training sessions.

## Race Seminar

Bristol Mountain will host the very special two-day PSIA-E **Slalom Race Seminar** February 1-2, 2010. Top level guest coaches will be provided by PSIA-E along with coaches from the PSIA-E educational coaching staff. This is an opportunity to improve your skiing proficiency and learn racing tactics. Past participants agree that this is an event you will not want to miss. For those that do not have slalom protective gear it will be provided by event sponsors.

To register, call Steve Howie at 585-374-1160 or visit [www.PSIA-E.org](http://www.PSIA-E.org) for an application. Two-day seminar, including lift tickets, is \$205.00. This seminar has a limited number of openings so sign-up today.

# PSIA-E

2009-10 AWARDS PROVIDED BY:



# Wegmans

Lock Stock and Barrel



## 2009-10 Adult Race League Registration

One form per person. Please print clearly.

Registrant			
Name		DOB	
Address			
City		State	Zip
Home Phone			
Email Address			

Program	Through 11/30/09	Starting 12/01/09	Amount
Training or Racing - Individual Sessions	N/A	\$15	
Training - Monday Nights & Thursday Mornings	\$65	\$85	
Racing - Tuesday Mornings	\$60	\$ 80	
Racing - Wednesday Nights	\$75	\$95	
Racing/Training Entire Series	\$160	\$180	
<b>Amount Due</b>		<b>\$</b>	

Team Membership
<input type="checkbox"/> <b>YES, I would like to be on a team.</b>
Age ___ DOB ___/___/___ <input type="checkbox"/> Men <input type="checkbox"/> Women <input type="checkbox"/> Snowboard

Payment
<input type="radio"/> VISA <input type="radio"/> MC <input type="radio"/> DISC <input type="radio"/> Cash <input type="radio"/> Check # _____
Card # _____ Expires _____
Cardholder's Name _____ V-Code _____
Date _____ Sales _____ Acct _____

## ASSUMPTION OF ALL RISKS AGREEMENT

I, \_\_\_\_\_, know and understand that Alpine, Nordic, and Freestyle skiing, as well as, snowboarding and other snow activities, including games and competitive events, are activities that involve a significant risk of personal injury, death or property damage. I also know and understand that there are natural and environmental conditions and risks that independently, or in combination with these activities, may cause property damage, or severe or even fatal injuries to me or others. I understand that trail conditions vary constantly because of weather changes and skier use, and I also understand that the risks of skiing/riding also include terrain park elements, jumps, slide rails and other man made features, changing weather conditions, bare spots, variations in snow, ice, forest growth, other ground cover, surface and subsurface conditions, and terrain, bumps, moguls, rocks, debris, equipment and machinery on slopes, collisions with other skiers and snowboarders and natural and man made objects, and skier/snowboarder error.

I agree and acknowledge that I have made a voluntary choice to participate in these activities at Bristol Mountain with the risk that they present. In consideration of being permitted to participate in a ski or snowboard instructional program at Bristol Mountain, I agree to ASSUME ANY AND ALL RISK OF INJURY OR DEATH, which might be associated with, or result from, my participation in these activities. I agree to accept all responsibility for the risks, conditions and hazards which may occur whether they now be known or unknown.

I further agree that I will accept and abide by all rules and regulations of Bristol Mountain, as well as all obligations that may be imposed upon by Article 18 of the General Obligations Law or any other law of the State of New York.

I have fully read and understand this Agreement and all of its terms. I understand that this acknowledgement and assumption may affect my legal claims for damages in the event of my death or any injury to me. I nevertheless enter into this Agreement freely and voluntarily agree that it is a binding upon me, my heirs, assigns, and legal representatives.

I agree that the terms of this Agreement shall be binding and shall be governed by the laws of the State of New York and that the terms of this document shall be admissible in evidence as a binding legal document between me and the persons and entities listed above in this Agreement.

\_\_\_\_\_  
Registrant's Name Date

\_\_\_\_\_  
Registrant's Signature Age Date of Birth