

SKI ABILITY LEVELS

YELLOW FIRST TIME SKIER - LEVEL 1 - Congratulations! A half/full day lesson equips you with the basic skills to enjoy the sport. This small investment will last a lifetime!

YELLOW - LEVEL 2 - You are able to stop on green runs using the wedge or "snowplow" and are able to make direction changes.

GREEN - LEVEL 3 - You are able to stop and link wedge turns on green runs comfortably.

GREEN AND EASY BLUE - LEVEL 4 - You rely more on turn shape to slow down. Your wedge is getting smaller and at the finish of a turn your skis are running parallel which is a major milestone.

BLUE - LEVEL 5 - You are using similar wedge-match to parallel techniques to the level 4 skier but are comfortable on blue runs.

BLUE - LEVEL 6 - Your wedge (or stem) is nearly gone and you are making open parallel turns on blue runs.

BLUE and EASY BLACK - LEVEL 7 - You are able to change turn radius and duration comfortably on blue runs. Pole plants are being used to time turns. Blue/black runs are starting to look skiable.

BLACK - LEVEL 8 - You are comfortable on blue/black runs and can ski in the fall line on easy moguls.

BLACK - LEVEL 9 - You can ski black diamond bumps, steeps, and varied snow conditions comfortably.

SNOWBOARD ABILITY LEVELS

YELLOW FIRST TIME RIDER - LEVEL 1 - Congratulations on your first snowboarding experience! A half/full day lesson equips you with the basic skills to enjoy the sport. This small investment will last a lifetime!

GREEN - LEVEL 2 - You can perform a skidded traverse on both heel and toe side edges. Turns can be done in both directions with a slight uphill turn to a stop.

GREEN - LEVEL 3 - You can perform a skidded traverse and garlands in both directions with basic linked turns (toe side and heel side) to each direction.

GREEN AND SOME BLUE - LEVEL 4 - You are now able to make turns in both directions with speed control. You are now beginning to link smoother turns while using flexion/extension movement from the hips, knees, and ankles.

BLUE - LEVEL 5 - You are able to link skidded turns in either direction with good speed control, rhythm, and shape. Varieties of turn shapes make this an important milestone!

BLUE - LEVEL 6 - You are becoming confident on most blue terrain with good snow conditions and are being introduced to carving. Skidded turns of various shapes are not a great challenge.

BLUE AND SOME BLACK - LEVEL 7 - You are now able to fine tune your carving ability in moderate terrain. You are able to link carved turns on all blue runs and are starting to do grabs off terrain features and ride the walls of the half-pipe.

BLACK - LEVEL 8 - You are now riding with varied dynamics on all terrain and in all conditions. You also can do 180s, 360s, and get air in the pipe.

BLACK - LEVEL 9 - You are becoming confident on the entire mountain and are working efficiently as you explore the extremes of snowboarding.

DETAILS AND REGULATIONS

1. Ski and snowboard camps are offered for children ages 7-17 from beginner to advanced abilities.
2. *The Freestyle/Terrain Park Camp* is for both advanced skiers and riders interested in learning and expanding your freestyle/terrain park skills. Previous experience is not required. Coaching sessions for this camp will also cover skiing and riding skills.
3. Camp includes a four-day lift ticket from 9 am to 5 pm, instruction from 10 am to 2 pm, and lunch. Participants may ski or snowboard before the lesson from 9 am to 10 am or practice what they have learned after the instruction from 2 pm to 5 pm.
4. Register early for reduced prices and limited class sizes. Prices for the Winter Holiday Camp increase starting December 1, 2009. Prices for the Presidents Camp increase starting January 18, 2010.
5. Classes are determined by skill level and age. Class sizes range from 8-10 students and requests for placement with friends are accommodated to the best of our ability on the first day of camp.
6. Participants must check in at the Snowsports School Desk in the Main Lodge between 8:30 am and 9:30 am on the first day of camp.
7. Lunch is included and is served in the Main Lodge first floor cafeteria. Lunch coupons are issued by the camp instructor and the menu includes choice of: (1) taco, hamburger, hot-dog, or pizza, (2) French fries or soup, (3) milk, hot chocolate, or soda, and (4) cookie.

Reduced pricing is not available if campers bring their own lunch.
8. **The Bristol Mountain Assumption of All Risks Agreement as well as Parent Agreement must be signed by the participant and/or parent prior to the first day of class. Participant will not be able to participate in Camp without completed form on file at Bristol Mountain.**
9. Classes are held rain or shine. If severe weather prevents classes from being held, an announcement will be made on the snow report, 585-374-1100, along with rescheduling information.
10. **REFUNDS ARE NOT ISSUED UNDER ANY CIRCUMSTANCES.**



HOLIDAY CAMPS

2009-10 SEASON

Bristol Mountain Camps are for:

Ages 7-17

Skiers & Snowboarders

Beginners through Expert

(Including Freestyle/Terrain Park)

Camps Include:

Coaching and Lunch. Lift and Rental Packages are available.

WINTER HOLIDAY CAMP

December 28-31

Monday - Thursday

PRESIDENTS CAMP

February 15-18

Monday - Thursday

5662 Route 64, Canandaigua, NY 14424

Phone 585-374-6000, Fax 585-374-2253

Snow Report 585-374-1100

Email: snowsports@bristolmt.com

or visit www.bristolmountain.com

2009-10 HOLIDAY CAMP REGISTRATION

One form per person. Same person multiple camps allowed. Please print clearly.

Participant			
Name		DOB	
Address			
City	State	Zip	
Home Phone		Email Address	

Emergency			
Parent Name		Emergency Phone	
Person(s) child may be released to at the end of the lesson			
Child's special needs (dietary, medications, learning)			

Winter Holiday Camp	December 28-31		Presidents Camp	February 15-18	
	Through 11/30/09	Starting 12/01/09		Through 01/17/10	Starting 01/18/10
Non-passholder Ages 8-17 <input type="checkbox"/> Ski <input type="checkbox"/> Snowboard <input type="checkbox"/> Freestyle/Terrain Park <input type="checkbox"/> Level _____	<input type="checkbox"/> \$295	<input type="checkbox"/> \$325	Non-passholder Ages 8-17 <input type="checkbox"/> Ski <input type="checkbox"/> Snowboard <input type="checkbox"/> Freestyle/Terrain Park <input type="checkbox"/> Level _____	<input type="checkbox"/> \$295	<input type="checkbox"/> \$325
Non-passholder Age 7 <input type="checkbox"/> Ski <input type="checkbox"/> Snowboard <input type="checkbox"/> Freestyle/Terrain Park <input type="checkbox"/> Level _____	<input type="checkbox"/> \$195	<input type="checkbox"/> \$225	Non-passholder Age 7 <input type="checkbox"/> Ski <input type="checkbox"/> Snowboard <input type="checkbox"/> Freestyle/Terrain Park <input type="checkbox"/> Level _____	<input type="checkbox"/> \$195	<input type="checkbox"/> \$225
Executive or Student Passholder Ages 7-17 <input type="checkbox"/> Ski <input type="checkbox"/> Snowboard <input type="checkbox"/> Freestyle/Terrain Park <input type="checkbox"/> Level _____	<input type="checkbox"/> \$195	<input type="checkbox"/> \$225	Executive or Student Passholder Ages 7-17 <input type="checkbox"/> Ski <input type="checkbox"/> Snowboard <input type="checkbox"/> Freestyle/Terrain Park <input type="checkbox"/> Level _____	<input type="checkbox"/> \$195	<input type="checkbox"/> \$225
Equipment Rentals (NYS tax included) <input type="checkbox"/> Ski <input type="checkbox"/> Snowboard	<input type="checkbox"/> \$60		Equipment Rentals (NYS tax included) <input type="checkbox"/> Ski <input type="checkbox"/> Snowboard	<input type="checkbox"/> \$60	

Payment	<input type="radio"/> VISA	<input type="radio"/> MC	<input type="radio"/> DISC	<input type="radio"/> Cash	<input type="radio"/> Check # _____	Amount Due \$ _____
Card #						Expires
Cardholder's Name						V-Code
Office Use		Date	Sales	Acct		

ASSUMPTION OF ALL RISKS AGREEMENT

I, _____, know and understand that alpine, nordic, and freestyle skiing, as well as, snowboarding and other snow activities, including games and competitive events, are activities that involve a significant risk of personal injury, death or property damage. I also know and understand that there are natural and environmental conditions and risks that independently, or in combination with these activities, may cause property damage, or severe or even fatal injuries to me or others. I understand that trail conditions vary constantly because of weather changes and skier use, and I also understand that the risks of skiing/riding also include terrain park elements, jumps, slide rails and other man made features, changing weather conditions, bare spots, variations in snow, ice, forest growth, other ground cover, surface and subsurface conditions, and terrain, bumps, moguls, rocks, debris, equipment and machinery on slopes, collisions with other skiers and snowboarders and natural and man made objects, and skier/snowboarder error.

I agree and acknowledge that I have made a voluntary choice to participate in these activities at Bristol Mountain with the risk that they present. In consideration of being permitted to participate in a ski or snowboard instructional program at Bristol Mountain, I agree to ASSUME ANY AND ALL RISK OF INJURY OR DEATH, which might be associated with, or result from, my participation in these activities. I agree to accept all responsibility for the risks, conditions and hazards which may occur whether they now be known or unknown.

I further agree that I will accept and abide by all rules and regulations of Bristol Mountain, as well as all obligations that may be imposed upon by Article 18 of the General Obligations Law or any other law of the State of New York.

I have fully read and understand this Agreement and all of its terms. I understand that this acknowledgement and assumption may affect my legal claims for damages in the event of my death or any injury to me. I nevertheless enter into this Agreement freely and voluntarily agree that it is a binding upon me, my heirs, assigns, and legal representatives.

I agree that the terms of this Agreement shall be binding and shall be governed by the laws of the State of New York and that the terms of this document shall be admissible in evidence as a binding legal document between me and the persons and entities listed above in this Agreement.

Print Student's Name

Date

Students Signature

_____/____/____
Age Date of Birth

Parent Agreement

As parent and/or natural guardian of the above-named minor, I hereby give permission for my child or ward to participate in the aforementioned activities. I have read and understand the above ASSUMPTION OF ALL RISKS AGREEMENT, and on my behalf and on behalf of my child or ward, I agree to all terms contained therein. I have read and explained those risks and responsibilities to my child in an age appropriate manner and he/she has acknowledged that he/she understands and agrees to accept them.

Print Legal Parent/Guardian's Name

Date

Parent's Signature

Date